

# QUIT SMOKING GROUP 2010

**AT WITNEY CHILDREN'S CENTRE**  
**The Methodist Church,**  
**40 High Street, Witney, OX28 6HG**

IF YOU WOULD LIKE TO COME ALONG IN 2010 AND GET SOME SUPPORT TO KICK THE HABIT, GIVE US A CALL AT THE CHILDREN'S CENTRE FOR A CHAT

GET ADVICE &  
SUPPORT ON  
QUITTING SMOKING

LET US KNOW WHAT TIME  
& DAY OF THE WEEK  
WOULD BE SUITABLE FOR  
YOU TO ATEND

CHECK YOUR  
CARBON MONOXIDE  
LEVELS IN YOUR  
BODY



**(Contact Karen for more details on 01993 834991)**



Registered Charity No: 285214