

Forthcoming Venues

▶ Bicester (Tuesdays 7-9pm)

14 & 21 September with workshop on 12 October 2010

Contact: Marion Aslett on 01869 249604/320553
email: marion.aslett@Oxfordshire.gov.uk

Venue: Bicester Children's Centre, Queens Avenue, Bicester, Oxon OX26 2NR (Behind Sports centre)

▶ Banbury (Tuesdays 7-9pm)

28 Sept & 5 October with workshop on 19 October 2010

Contact: Emma Hyde on 01865 226547
email: emma.hyde@ridgeway.nhs.uk

Venue: The East Street Centre, Calder Close, Banbury OX16 3WR

▶ Oxford (Tuesdays 7-9pm)

2 & 9 November with workshop on 23 November 2010

Contact: Norma Thompson on 01865 777286
email: norma.thompson@oxfordshire.gov.uk

Venue: Florence Park Children's Centre, Rymers Lane, Oxford OX4 3JZ

▶ Abingdon (Tuesdays 7.30-9.30pm)

18 & 25 January 2011 with workshop on 15 February 2011

Contact: Sandra Pearse on 01235 555524 or
email: sandra.pearse@pactcharity.org

Venue: South Abingdon Children's Centre, Caldecott Road, Abingdon OX14 5HB

▶ Witney (Wednesdays 7-9pm)

9 & 16 February 2011 with workshop on 2 March 2011

Contact: Cathryn Taylor on Tel: 01993 704770 mornings
email: office.2304@queens-dyke.oxon.sch.uk

Venue: Queens Dyke School, Burwell Drive, Witney OX28 5JW

▶ Abingdon (Tuesdays 7-9pm)

8 & 15 March 2011 with workshop on 29 March 2011

Contact: Karen Walker on 01235 523481
email: karen.walker@oxfordshire.gov.uk

Venue: North Abingdon Children's Centre, Dunmore Primary School, Northcourt Rd, Abingdon OX14 1NR

▶ Oxford (Tuesdays 7-9pm)

26 April & 3 May 2011 with workshop on 24 May 2011

Contact: Heather Morton on 01865 727721
email: heather.morton@donnington-doorstep.org.uk

Venue: Donnington Doorstep, Townsend Square, Oxford OX4 4BB

▶ Carterton (Wednesdays 7-9pm)

4 & 11 May 2011 with workshop on 25 May 2011

Contact: Clare Crossley on 01993 867271
email: clare.crossleyesdm@yahoo.com

Venue: Carterton Children's Centre, Edith Moorhouse School, Lawton Avenue, Carterton OX18 3HP

▶ Banbury (Tuesdays 7-9pm)

10 & 17 May 2011 with workshop on 7 June 2011

Contact: Becky Loveless on 07890 653138
email: rebecca.loveless@oxfordshire.gov.uk

Venue: The East St Centre, Calder Close, Banbury OX16 3WR

▶ Sonning Common (Tuesdays 7-9pm)

14 & 21 June 2011 with workshop on 12 July 2011

Contact: Jenny Wager on 0118 9724311
email: headteacher.7030@bishopswood.oxon.sch.uk

Venue: Bishopswood School, Grove Road, Sonning Common, South Oxon RG4 9RJ

Playground gates will be open for parking

▶ Hook Norton (Wednesdays 7-9pm)

22 & 29 June 2011 with workshop on 13 July 2011

Contact: Hazel Hope on 01608 737379
email: office.3044@hook-norton.oxon.sch.uk

Venue: Hook Norton Primary School, Field Centre, Sibford Road, Hook Norton, Oxfordshire OX15 5JS

ONE-DAY SATURDAY COURSES

▶ Hook Norton (One Day – Saturday 10am-3.30pm)

5 February 2011

Contact: Hazel Hope on 01608 737379
email: office.3044@hook-norton.oxon.sch.uk

Venue: Hook Norton Primary School, Field Centre, Sibford Road, Hook Norton, Oxfordshire OX15 5JS

▶ Oxford (One Day – Saturday 10am-3.30pm)

14 May 2011

Contact: Norma Thompson on 01865 777286
email: norma.thompson@oxfordshire.gov.uk

Venue: Florence Park Children's Centre, Rymers Lane, Oxford OX4 3JZ

For all courses, the facilitators will be there 30 minutes before the course starts to 30 minutes after it ends to allow time for questions or individual queries.

New Courses for 2010/11

Are you experiencing difficulties managing your child's behaviour?

Does your child have a disability or a mental health issue?

Does your child have "challenging behaviour" at school or home or elsewhere?

Is your child aged between 2 and 12?

FREE COURSES FOR PARENTS

For more information log on to our website:
www.help-us-with-harry.co.uk

Free courses to help with managing your child's behaviour

These courses are for parents of children who show challenging, or oppositional behaviours and also have special needs. A Special Need could be considered to include someone with a Statement of Education Needs, a mental health problem like anxiety, depression etc, or a specific diagnosed disability, for example, autism, learning or physical difficulties/ disabilities.

We are running a 3-week course covering...

- * Ways of helping your child calm down
- * Preventing further outbursts
- * The feelings your family may have around difficult behaviours
- * Understanding the process behind changing behaviour
- * Exploring ways of finding support
- * Sharing and learning from other parents

The course is run on an informal basis, where parents can feel at ease in talking and learning about this difficult subject.

This course has been running throughout Oxfordshire since March 2005.

Here are some comments from parents who have attended.

Week 1 looks at identifying what are the challenges to us, and the reasons why people present with behaviours that are difficult or harmful to others.

Week 2 focuses on the strategies we can use both while the tantrum or incident is going on but also in the long-term to encourage and promote positive behaviour.

Week 3 is the optional workshop where we can go into more specific strategies for you and your child, looking at what you have tried from the first two sessions, and identifying what went right and wrong, or adaptations that could be made.

All courses are located at a variety of venues and are run on either Tuesday or Wednesday evenings or Saturdays.

The facilitators will be there half hour before and after the course to allow time for questions or individual queries.

Locations of venues are shown overleaf. To book your place on a course, please contact the venue nearest you using the contact details given.

Please note, places are limited due to room sizes, so please book early.

If you have any individual learning needs, please contact the facilitators prior to the course so we can best support you.

The facilitators have a wealth of experience of working with children and adults with a learning disability who display challenging behaviour, and are skilled in group facilitation and adult learning.

Specific courses can be arranged for groups of parents, please contact one of the facilitators to discuss your training needs. More courses can be added for your local area if there is sufficient demand.

If you have any questions about this course or would like more information, please contact

Emma Hyde

Community Nurse with the Child and Adolescent Team, Ridgeway Partnership (OLDT).

Tel: 01865 226547

emma.hyde@ridgeway.nhs.uk

If you need more information about this course, please go to our website:

www.help-us-with-harry.co.uk

"The way the whole aspect of challenging behaviour and management can be broken down into strategies and phases, instead of one big, daunting problem, really helped."

"It was very useful and gave me an insight into how to cope with challenging behaviour."

"Very good technical and practical knowledge, real life examples."